

Reg. No.:.....

**Second B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations March 2023**

Swasthavrutha II

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Write SECTION A and SECTION B in separate Answer books. Do not mix up questions from Section A and Section B.*

Q.P. Code 209009

Section A

50

Essays

(10)

1. Explain the importance of Swasthavritta

Short notes

(5x5=25)

2. Write about Ritu's.
3. Discuss nidra, the type of nidra and its benefit
4. Write in detail about nitya sevaneeya ahara
5. Explain about the greeshma ritu charya
6. Discuss about brahmacharya as one among the trayopasthambha

Answer briefly

(5x3=15)

7. Abhyanga
8. Hamsodaka
9. Anjana
10. Prayogika dhooma pana
11. Gandoosha

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Section B

50

Essays

(10)

1. Explain about family welfare programme

Short notes

(5x5=25)

2. Water born infections
3. Define isolation and write about its type
4. Immunization
5. Primary prevention
6. Filariasis

Answer briefly

(5x3=15)

7. Define Sporadic
8. Define Community Health Statistics.
9. Define Notification
10. Health Education.
11. Define Type 1 diabetes
